

2018 Focus page

Focus on the HealthSaver

The HealthSaver⁺ is a Momentum product that lets you save for medical expenses, such as vitamins, cosmetic surgery and more. Not only can you choose the amount to contribute – according to your own needs and pocket – but seamless integration with Momentum Health means it is the most convenient way to pay for treatments and procedures not covered by your option. In fact, you can even use positive HealthSaver funds to pay for your Momentum Health contribution.

You can now access your HealthSaver funds with a Multiply Visa[®] Card. In addition to paying for medical expenses, the Card also allows you to make payments from your HealthSaver funds for non-medical expenses, such as purchases from pharmacies and veterinarians.

What are the benefits?

HealthSaver funds may be used to pay for any healthcare related expenses. These may include:

- Medication, provided it has a NAPPI code
- Services rendered by a registered healthcare provider, provided it has a tariff code
- Claims that exceed available Scheme benefits, such as specialised dentistry and refractive eye surgery
- Treatment that is excluded by the Scheme, such as cosmetic surgery
- Co-payments payable for hospitalisation, MRI and CT scans or medication
- Fitness devices that are integrated with Multiply. Visit www.momentum.co.za/multiply to view the fitness devices you can use
- Gym fees – if you submit your bank statement or an invoice to us showing that you paid your gym fees (you need to have joined this gym via Multiply), we will manually reimburse you from your HealthSaver account. We are working on automating this process in the near future for your convenience.

You can use your Multiply Visa[®] Card to pay for purchases from your HealthSaver funds at the following providers and retailers:

- Doctors, hospitals and pharmacies
- Dentists and orthodontists
- Medical services, medical and dental laboratories
- Medical, dental, ophthalmic and hospital equipment and suppliers
- Orthopaedic goods, such as prosthetic devices
- Osteopaths, chiropractors, chiropractists and podiatrists
- Optometrists, ophthalmologists, opticians, optical goods and prescription glasses
- Nursing and personal care
- Ambulance services
- Hearing aid sales and supplies
- Veterinary services.

HealthReturns of up to R2 500 per member per month

Momentum pays up to R2 500 per family per month in HealthReturns to Momentum Health members (except Ingwe and Impact) who go for an annual Health Assessment, comply with treatment protocols (where applicable) and are active. Your HealthReturns is paid per R500 medical aid contribution that you pay, excluding child dependant contributions and late joiner penalties. To earn the maximum amount of HealthReturns available, you need to receive your HealthReturns into your HealthSaver account and be on Multiply Premier.

Extra cover and GP benefits

On certain options, opting to receive your HealthReturns into your HealthSaver account also unlocks additional GP visits and specialist cover, referred to as RateBooster. If you are on the Custom, Incentive, Extender or Summit Option, you can earn up to 4 additional GP visits per family per year by achieving more than 12 Active Dayz™ for three consecutive months and having a green or amber Healthy Heart Score.

If you are on the Incentive, Extender or Summit Option and you have a green or amber Healthy Heart Score, you can qualify for the HealthReturns RateBooster, which boosts in-hospital cover for specialists by an additional 100% of the Momentum Health Rate.

Who is eligible for HealthSaver?

All Momentum Health members automatically qualify for HealthSaver. In order to activate your free HealthSaver account, you need to submit an application form.

How does it work?

You do not have to pay money into your HealthSaver - it could simply be the account where you receive your HealthReturns. If you wish to provide for additional day-to-day healthcare expenses by contributing monthly to your HealthSaver account, you get to choose how much, and can easily change that amount. If you choose to make monthly contributions (minimum of R100 per month) you can apply for a credit facility. The maximum annual credit allowed is R25 200 (based on a monthly contribution of R2 100), subject to NCR (National Credit Regulator) requirements.

You can also contribute any lump sum amounts in addition to monthly payments. No transaction or administration fees are charged so you enjoy the full value of every rand you contribute. Cash withdrawals and transfers are not allowed, but the balance in this account would be paid out to you after four months, if you cancel your Momentum Health membership or HealthSaver account. Interest is payable on positive balances of more than R5 000, according to a scale based on the actual balance in the account.

We use a predictive scoring system to determine the interest rate you will pay on credit. This scoring system takes your financial records and current credit status into consideration. Interest is calculated at the end of each month on the daily change in the HealthSaver balance. Where an employer would like to extend the HealthSaver's credit facility to all employees, regardless of whether they meet NCA requirements, the employer can consider signing the Momentum Deed of Suretyship for employees who do not meet such requirements.

How to claim from HealthSaver

HealthSaver funds can be used to pay for claims made by you, as the principal member, and the dependants registered on your Momentum Health membership. Claims are submitted and paid via the normal administration process and you will receive monthly claims statements reflecting the amounts paid

and the available balance.

Claims need to be submitted with a valid practice number and tariff code or NAPPI code. You can choose whether your HealthSaver claims should be paid at cost or at the maximum allowed Momentum Health Rate on your benefit option. If you do not choose to have your claims paid at cost and subsequently require payment above these rates, we will need your permission to do so.

To claim for fitness devices, please send the invoice with your proof of payment via email to claims@momentumhealth.co.za. To claim for gym membership fees, please submit your bank statement or an invoice showing that you paid your gym fees (you need to have joined this gym via Multiply) to us at claims@momentumhealth.co.za. Remember that it needs to be a Multiply affiliated gym - you can view the list of affiliated gyms at www.momentum.co.za/for/you/multiply/partners/affiliated-gyms.

If you swipe your Multiply Visa® Card at a healthcare provider, you will receive an SMS notifying you that you can submit a claim for a possible refund from the Scheme or RateBooster. In order for the claim to be processed, please email the healthcare provider's account, together with the reference number provided in the SMS, as well as the Point of Sale (POS) receipt to refundhealthsaver@momentum.co.za.

Tax implications

Tax treatment of the HealthSaver differs from the tax treatment for medical scheme savings. Medical scheme savings are incorporated into the medical scheme contributions, while contributions made to the HealthSaver are funded out of after-tax income. HealthSaver contributions are not deductible, however most expenses paid via the HealthSaver are tax deductible, in the same way as healthcare expenses you incurred yourself. You will receive a HealthSaver tax statement that may be used as proof of the healthcare expenses paid during the tax year and deductions can be made accordingly, provided that all healthcare spend not covered by the Scheme is shown in the HealthSaver statement, i.e. no additional receipts are required.

Contribution holidays

Contribution holidays are available to clients with a positive HealthSaver balance, and may be granted upon application. If the contribution holiday is approved, the credit facility will be suspended but claims will still be paid from available HealthSaver funds.

Payment of scheme contributions from HealthSaver

This option is only available to members who pay their own contributions directly. In other words if your contribution is deducted from your salary (i.e. paid by your employer) you will not be able to fund your contributions from your HealthSaver due to the impact on your tax deductions.

If you wish to pay your medical scheme contributions from your positive HealthSaver balance, please contact us on **0860 11 78 59**, or email us at member@momentumhealth.co.za.

Please note:

- You or your financial adviser will need to let us know how many months' contributions you would like to be funded from your HealthSaver.
- We need to receive your request at least seven working days before the 1st of the month.
- Medical scheme contributions can only be paid from actual HealthSaver balances. Please note that actual HealthSaver balances exclude any credit facility and HealthReturns Booster funds.
- Contributions can only be funded up to 1 December of the same year and cannot continue into the following calendar year.

If the above criteria are met, the request is approved and the total amount (for the requested number of months) will be paid from your HealthSaver account to Momentum Health. You will receive an email at the end of this period to notify you that we will start deducting your Momentum Health contributions from your bank account again. If you wish to stop funding your medical scheme contribution from your HealthSaver account before the requested number of months are completed, please contact us at least seven working days before the 1st of the month. The unused balance of the amount paid across to Momentum Health will be returned into your HealthSaver account.

Transfer of funds to FundsAtWork

If you have experienced fewer unforeseen medical expenses than anticipated, and have accumulated excess funds in your HealthSaver account, you can invest some of these funds to supplement your retirement savings. Once a year, if your HealthSaver balance is more than R10 000 (excluding any credit facility) and you are an active, contributing member of the FundsAtWork Umbrella Pension or Provident Funds, you can transfer your excess HealthSaver funds to FundsAtWork. For example, if the balance is R19 000, you would be able to transfer R9 000.

The transfers will be available in November of each year. If you want to take up this offer, let us know by no later than the 30th of November. To request the transfer, an email must be sent to member@momentumhealth.co.za or call us on **0860 11 78 59**.

The actual transfer of the funds will take place no later than 31 January and members will receive a letter from FundsAtWork confirming the transfer values. The amount transferred will show as an additional voluntary contribution (AVC) in the FundsAtWork Umbrella Fund. You can claim the AVC from Sars as a tax deduction, as long as your total contributions don't exceed the legislated maximum amount. The amount transferred into FundsAtWork will be invested in the same investment portfolios as your future contributions.

Adding funds to your HealthSaver

You can make ad-hoc deposits into your HealthSaver account, using the following banking details:

Bank:	First National Bank
Account name:	MMI Health (Pty) Ltd – HealthSaver
Account number:	62176002469
Account type:	Current Account
Branch code:	22 36 26
Branch name:	Corporate Account Services – Durban

As beneficiary reference, please use HS and your Momentum Health membership number (for example HS123456). To ensure a swift allocation of your money, it is important that you provide the correct reference number as outlined above. Please email a copy of your deposit slip as proof of this payment to mhretail@momentum.co.za.

What can I use my HealthSaver funds for?

	HealthSaver contributions paid by member/ employer	Standard HealthReturns	HealthReturns Booster
Healthcare claims (with valid NAPPI/ tariff codes)	✓	✓	✓
Gym membership fees (e.g. Planet Fitness and Virgin Active)*	✓	✓	✓
Momentum Health contributions (individual members only)	✓	✓	x
Fitness devices	✓	✓	✓
Transfer to FundsAtWork (balance >R10 000 in November)	✓	✓	✓

- Interest is payable on HealthSaver balances over R5 000 – this is only applicable to contributions you or your employer have paid (and not to funds earned via Standard HealthReturns or HealthReturns Booster funds).
- If you resign your Momentum Health membership and/or cancel your HealthSaver account, your HealthSaver balance will be paid out to you after a period of four months (to allow for any outstanding claims to be processed). Please note that any funds earned from HealthReturns Booster will be forfeited on resignation or cancellation.